BACHELOR OF SCIENCE IN NUTRITION

Description and Outcomes
The Bachelor of Science in Nutrition program focuses on building content knowledge and skills in the broad areas of nutrition science and health care. The program’s curriculum highlights foundational knowledge and skills as well as overall concepts, values, research methods, and applications that could prepare you to pursue a variety of career opportunities in health care and nutrition science-related industries. Courses teach you to apply principles of healthy living to the education of individuals and communities, and develop administrative, ethical, and professional skills that are relevant to leadership positions in the increasingly diverse health care field.

Refer to the Certification, State Board, and National Board Exams (p. 1) section for important program disclosure information.

Concentrations
In addition to the required core and major courses, you can further specialize your degree by choosing a concentration in holistic nutrition.

Accelerated Master’s Degree Options
If you are interested in earning both a bachelor’s and master’s degree in the health sciences, consider an accelerated master’s degree option. Refer to the general Progression Requirements (https://catalog.purdueglobal.edu/undergraduate/health-sciences/) section for details.

Program Length
The Bachelor of Science in Nutrition program consists of a minimum of 180 quarter credit hours. Upon successful completion of the program, you will be awarded a bachelor of science degree.

Program Outcomes

Discipline-Specific Outcomes

2. Application: Evaluate an individual’s nutritional status using appropriate clinical assessment strategies and interpret food science information appropriate to consumer needs.
3. Critical Thinking Skills: Assess diets, prepare foods, and promote consumption of foods to meet the nutritional needs of healthy people throughout the life cycle.
4. Clinical Skills: Plan and implement individualized, appropriate nutrition therapy for clients.
5. Analytical Skills: Analyze the impact of cultural and economic issues on client needs and dietetic practice.
6. Communication: Plan, implement, and evaluate nutrition education programs for specific audiences.
7. Ethics and Professionalism: Advocate for the provision of food and nutrition services in public policy development.

General Education Literacies and Professional Competencies
In addition to the discipline-specific outcomes, general education literacies and professional competencies are integrated throughout your academic program. You can review the general education literacies and professional competencies associated with your academic program in the General Education and Professional Competency Requirements (https://catalog.purdueglobal.edu/undergraduate/general-education-professional-competency-requirements/) section of this Catalog.

Program Availability
For program availability, please refer to the U.S. State and Other Approvals (https://catalog.purdueglobal.edu/policy-information/university-information/accreditation-approvals-memberships/) section and Program Availability Information (https://www.purdueglobal.edu/catalog-program-availability-info.pdf).

Policies

Certification, State Board, and National Board Exams
Certain state certification and licensure boards have specific educational requirements for programs to lead to a license or nongovernmental certification that is a precondition for employment in a recognized occupation.

Unless otherwise specified, Purdue Global’s programs are not designed to meet any specific state’s licensure or certification requirements. If certain licensed occupations, vocations, or professions are not explicitly listed, Purdue Global has not reviewed the licensure or certification requirements of those occupations, vocations, or professions, nor intended the program to meet such requirements. Licensure-track programs may limit enrollment to students in certain states; please see Purdue Global’s Program Availability Information (https://www.purdueglobal.edu/catalog-program-availability-info.pdf) to determine enrollment eligibility.

You are responsible for understanding the requirements of optional certification exams. Such requirements may change during the course of your program. You are not automatically certified in any way upon program completion. Although certain programs are designed to prepare you to take various optional certification exams, Purdue Global cannot guarantee you will be eligible to take these exams or become certified. Your eligibility may depend on your work experience, completion of education and/or degree requirements, not having a criminal record, meeting other certification requirements, or the program or the University itself having appropriate accreditation or licensure.

The Bachelor of Science in Nutrition program is designed to prepare you academically to pursue a variety of nutrition-oriented careers and advanced education. The Bachelor of Science in Nutrition is an approved holistic nutrition education program through the National Association of Nutrition Professionals (NANP) only when it is completed with the holistic nutrition concentration. However, Purdue Global’s Bachelor of Science in Nutrition program is not accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), and does not qualify an individual to sit for the examination to become a Registered Dietitian (RD). In addition, some states will not permit individuals to become licensed in nutrition and/or dietetics if they do not possess the RD credential. If you are interested in becoming licensed in your state, it is vital that you understand your state’s requirements for licensing prior to enrollment.

The following states do not regulate the practice of nutrition:

- Alaska
- Arizona
- Arkansas

For program availability, please refer to the U.S. State and Other Approvals (https://catalog.purdueglobal.edu/policy-information/university-information/accreditation-approvals-memberships/) section and Program Availability Information (https://www.purdueglobal.edu/catalog-program-availability-info.pdf).
California
Colorado
Connecticut
Hawaii
Idaho
Indiana
Kentucky
Louisiana
Maine
Massachusetts
Michigan
Minnesota
Nevada
New Hampshire
New Jersey
New Mexico
New York
North Carolina
Oklahoma
Oregon
Pennsylvania
Rhode Island
South Carolina
Texas
Utah
Vermont
Virginia
Washington
West Virginia
Wisconsin

Purdue Global’s Bachelor of Science in Nutrition does not meet the state licensure requirements in the following states/commonwealth/territory:

• Alabama
• Delaware
• District of Columbia
• Florida
• Georgia
• Guam
• Illinois
• Iowa
• Kansas
• Maryland
• Mississippi
• Missouri
• Montana
• Nebraska
• North Dakota
• Ohio
• Puerto Rico
• South Dakota
• Tennessee
• Wyoming

In order to pursue examinations and/or preprofessional experiences, you may be required to present documentation of a health assessment/physical examination, immunization records, drug screening results, and/or a background check. It is your responsibility to ensure that you have met all requirements prior to beginning examinations and/or preprofessional coursework/externships.

Upon completion of the program, you may be eligible for the following certifications and credentials. Please refer to the sponsor organization for specific eligibility requirements as there may be additional requirements beyond the degree program itself. Requirements vary by state.

• For students who complete the Bachelor of Science in Nutrition with the holistic nutrition concentration only:
  • Board Certified in Holistic Nutrition sponsored by the National Association of Nutrition Professionals (https://www.nanp.org/
  • Certified Clinical Nutritionist (CCN) offered by the Clinical Nutrition Certification Board (https://www.cncb.org/)
  • Certified Dietary Manager (CDM) offered by the Association of Nutrition and Food Service Professionals (https://www.anfponline.org/)
  • ServSafe offered through the National Restaurant Association (https://www.servsafe.com/)

Degree Plan

The icon appears in the title of traditional courses that are also available as a set of module courses. Module course availability may be limited to certain academic calendars. See Course Types (https://catalog.purdueglobal.edu/policy-information/university-information/approach-to-learning/) for information about module courses.

Program Requirements

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<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tr>
<td>CM107</td>
<td>College Composition I</td>
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<tr>
<td>CM220</td>
<td>College Composition II</td>
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<tr>
<td>CS212</td>
<td>Communicating Professionalism</td>
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<tr>
<td>100/200 Level</td>
<td>Mathematics Requirement ¹</td>
<td>5</td>
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<tr>
<td>100/200 Level</td>
<td>Arts and Humanities Requirement ¹</td>
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<tr>
<td>100/200 Level</td>
<td>Science Requirement ¹</td>
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<tr>
<td>100/200 Level</td>
<td>Social Science Requirement ¹</td>
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<td>100/200 Level</td>
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<td>Total Core Requirements</td>
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<tr>
<td>TH213</td>
<td>Food and Beverage Management</td>
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<tr>
<td>NS305</td>
<td>Food Safety</td>
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<tr>
<td>NS310</td>
<td>Nutritional Analysis and Assessment</td>
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<tr>
<td>NS313</td>
<td>Foodservice Management - Principles and Practices</td>
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<tr>
<td>NS321</td>
<td>Nutrition Planning and Management</td>
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<tr>
<td>NS325</td>
<td>Nutrition Across the Human Life Cycle</td>
<td>6</td>
</tr>
<tr>
<td>NS335</td>
<td>Nutrition for Special Populations</td>
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</tr>
<tr>
<td>NS415</td>
<td>Food Science With Lab</td>
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</table>
NS420  Nutritional Counseling  6
100/200/300/400 Major Electives  12
Level
NS499  Bachelor's Capstone in Nutrition  6
Total Major Requirements  71

Open Elective Requirements
Open Electives  64
Total Open Elective Requirements  64

TOTAL CREDITS  180

1 For options to fulfill this requirement, see the corresponding literacy in General Education and Professional Competency Requirements (https://catalog.purdueglobal.edu/undergraduate/general-education-professional-competency-requirements/).
2 Eligible students who choose to complete the accelerated master's degree option will take up to five graduate-level courses in addition to selected undergraduate electives.

Concentration Requirements
Concentration courses are completed within the open electives requirement of the degree plan.

Students in this program are not required to select a concentration.

Holistic Nutrition

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<tr>
<td>HW205</td>
<td>Vitamins, Herbs, and Nutritional Supplements</td>
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<td>SC121</td>
<td>Human Anatomy and Physiology I</td>
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<td>SC131</td>
<td>Human Anatomy and Physiology II</td>
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<td>HS305</td>
<td>Research Methods for Health Sciences</td>
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<tr>
<td>NS440</td>
<td>Legal and Regulatory Environment in Food Production</td>
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<tr>
<td>SC335</td>
<td>Biochemistry</td>
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TOTAL CREDITS  33